



Here you will find the
different clubs that NT has
to offer along with their
descriptions

Enjoy!

Please note: Some of
these clubs might not
be offered every year.
However, you can start
your own club!

NT PAL Heads 2020/2021
Composed by: **Jack Vanek**

Slide Contents

Slides 3-10: Math and Science Clubs

Slides 11-15: Religion and Culture Clubs

Slides 16-18: Speaking and Political Clubs

Slides 19-24: Business Clubs

Slides 25-29: Art and Music Clubs

Slides 30-33: Language Clubs

Slides 34-39: Community Building Clubs

Slides 40-44: Well-Being and Social Action Clubs

Slides 45-47: Sports and Tech Clubs



Math and Science Clubs



Robotics Club

Even if you have no prior experience with robotics but are interested in robotics and the club itself, then the North Toronto Robotics Club is for you. There are many activities to do within the club that are great for those who are both experienced and new. Every year we do activities such as robot design, opportunities to learn and practice robot code, and coding competitions within the club, as well as competing in various Vex robotics competitions. This is a great club to meet new people and make friends while having fun at the same time. Join the Robotics Club!



Computer Science Club

Instagram: nt.csc

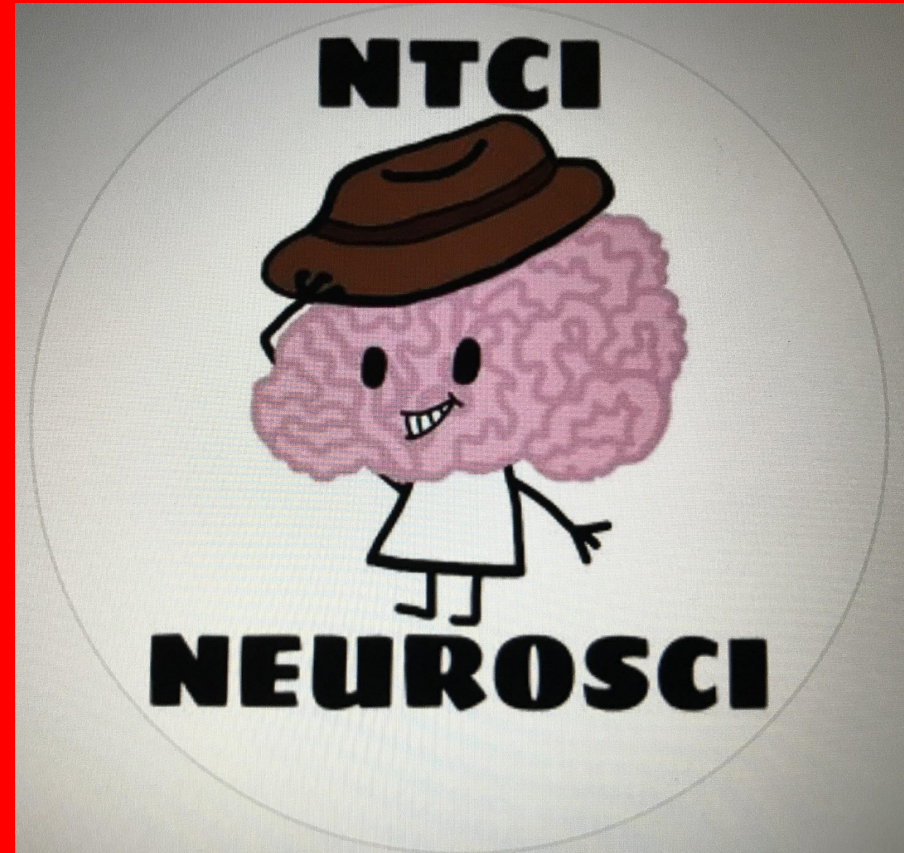
The North Toronto Computer Science Club welcomes all students who have an interest in computer science and coding! At NTCSC, we offer a hub for students to receive homework help, challenge themselves academically, and collaborate to create wondrous club projects. These club projects are entirely student decided, and can range from creative programs to intermediate websites. At the moment, NTCSC is building its very own website using HTML and CSS. Can't wait to see you at the Computer Science Club!



Neuroscience Club

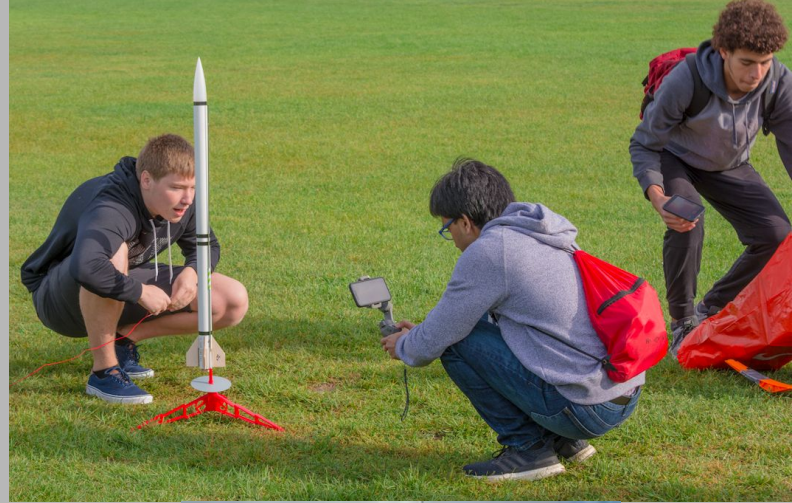
Instagram: [nt_neurosci](#)

Welcome to the neuroscience club! In this club we will be talking about the basics of the human brain, theories and more. By joining this club you will have the option to also attend a 14 week course (not for marks) offered by UofT that introduces you to neuroscience! If you attend more than 9 lectures you will also get a certificate! In our regular meetings, your understanding of various neuroscience topics will be enriched with lots of Kahoot's, interesting videos, and the occasional movie or dissection so there will never be a moment where you're not learning something cool.



Aerospace Club [ntci_aerospace](#)

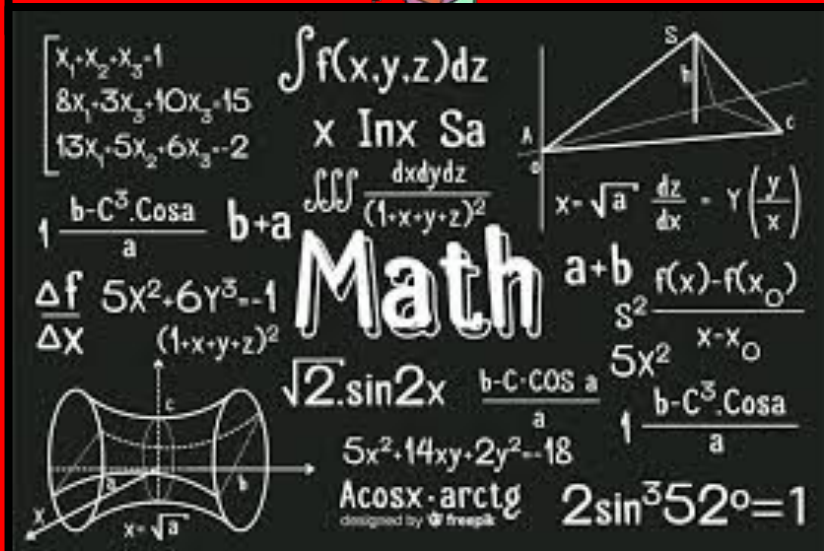
The NTCI AEROSPACE Club is a club dedicated to providing students with the opportunity to take flight in their passion for aerospace engineering. Throughout the year, students will have the opportunity to research, design, and develop aeronautical machines. Once they are designed you will also have an opportunity to test them out. Join the Aerospace Club next year!



Math Club

Instagram: [ntci.math](https://www.instagram.com/ntci.math)

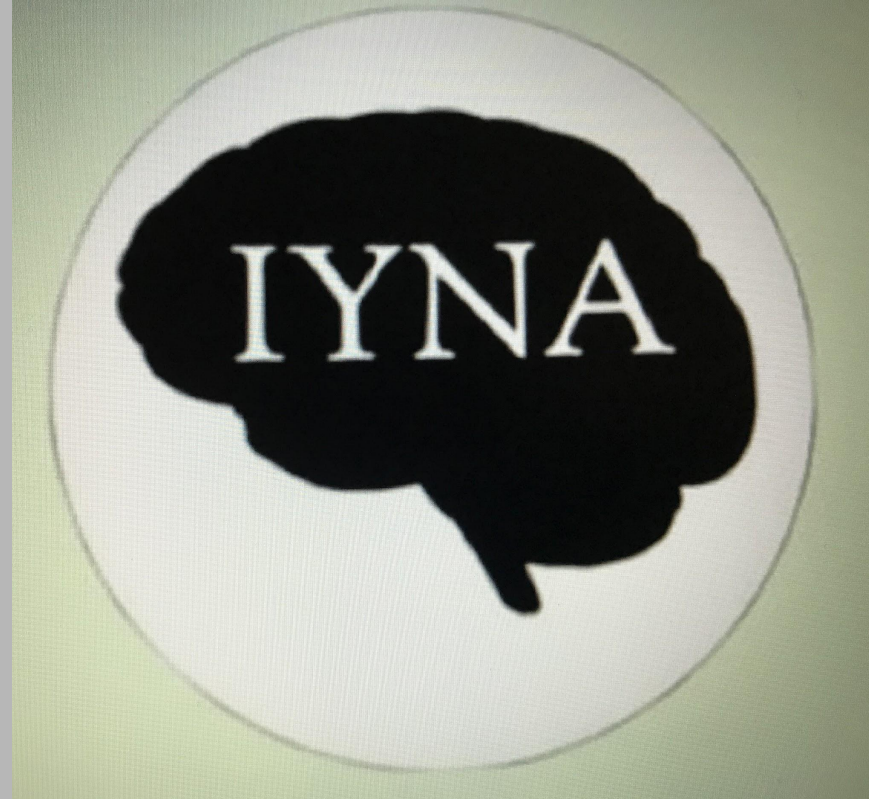
The Math Club at North Toronto provides a fun and friendly environment to do all sorts of things that are math-related. Some examples include math puzzles and interactive websites for you to try, math-related discussions, preparation for math contests, and some competitive fun. We will also be there to answer and help you with any questions or problems you may have that are related to math either in school or outside of school. Come join the Math Club next year!



North Toronto IYNA Chapter

Instagram: [ntci_iyna](#)

The International Youth Neuroscience Association (IYNA) is a global, youth-led non-profit dedicated to inspiring the next generation of neuroscientists. This is a chapter with events such as competitions, fundraisers, and fun activities (like dissections) between other schools and within our own. Through the year there are professional speakers, student presentations and more, giving every student a chance to be active in the club. With executive positions, this club is the perfect opportunity to enhance your knowledge, strengthen your leadership skills, and meet new people with interests in neuroscience as well as psychology. Grow your enthusiasm and knowledge of neuroscience at NT's IYNA Chapter!



NEAT

Instagram: [ntci.neat](https://www.instagram.com/ntci.neat)

NEAT (North Toronto's Environmental Action Team) is responsible for upholding North Toronto's status as an eco platinum school as well as actively working to reduce our negative impact on the environment. NEAT organizes school wide as well as smaller, more private activities and events throughout the year that help inform the NT community about climate change in a fun and social way. Our main goal is to help spread awareness on our climate crises and do our part to make a positive change.



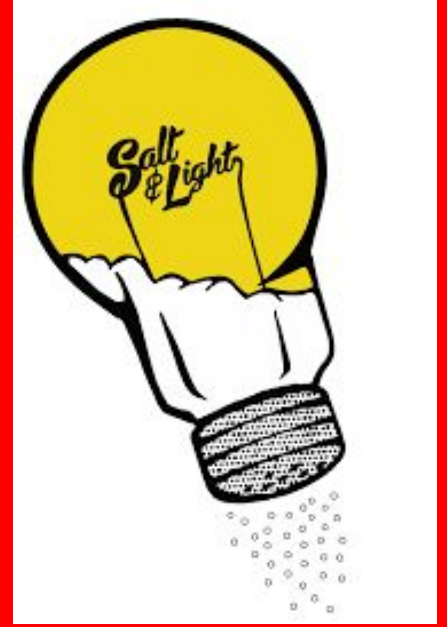


Religion and Culture Clubs



NT's Salt and Light Club

Interested in food, games, and weekly inspiration? If yes, we have the perfect club for you: the Salt and Light Club! We not only meet each week, but have pizza and drinks too. What else do we do? We host guest speakers, read insightful devotionals, and watch entertaining and informative videos, all of which will build and enrich your faith. We welcome students of all backgrounds, cultures and belief traditions to explore the beauty of the scriptures and Christian faith within a safe and caring community. Our superb Executive Team plans our massive Christmas Party and Easter Party each year - both school-wide events - along with other neat initiatives. Come out and join us in Room 224 on Wednesdays at lunch!



SALT + LIGHT

Culture Club

Instagram: [ntci.cultureclub](https://www.instagram.com/ntci.cultureclub)

Each week at Culture Club, we choose a country, holiday, era, or population to research. We investigate its history, geography, traditions, food, and tourist industry. After a short presentation on the topic, we have an interactive segment that usually involves a Kahoot or video. We encourage members to create and share their own presentations on topics they find interesting. Culture Club is a great place to hang out, meet friends, and learn!



Classics Club

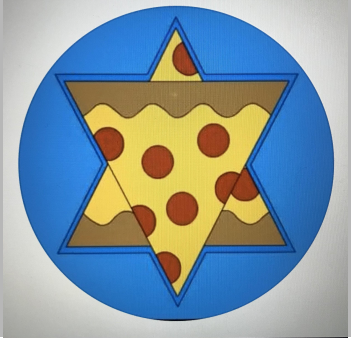
Instagram: [classics_club_ntci](https://www.instagram.com/classics_club_ntci)

The Classics Club welcomes everyone to share and explore their interest in the ancient world, its history, culture and languages. There are events such as competitions between schools, work on art projects, and more, where you can meet other passionate students and challenge your Classics knowledge. Through Google Classroom, we include tons of material for enrichment and study. With student and teacher hosted webinars, students can partake in discussions, learn, and present their own topic of interest. During the year, there may be fun fundraisers, such as bake sales, plant sales, and more. The Classics Club is a close-knit and friendly club to be a part of. Explore the Classical world through the NTCI Classics Club :)



Jewish Club

Instagram: ntjewclub_ncsy



The Jewish Student Union (JSU) program is an initiative of NCSY, a Jewish not-for-profit organization that operates in communities throughout North America, South America, and Israel. Open to all students regardless of religious background or ethnicity, JSU clubs facilitate students' pride in their own heritage and cultural understanding with friends and neighbours within the school community. JSU facilitates Jewish “culture clubs” featuring interactive activities, holiday-related programs, engaging discussions on Jewish values, and leadership and social action opportunities. North Toronto Jewish Student Union Club is a club dedicated to enriching the knowledge of Jewish culture and creating a safe space for students to learn about Judaism with experienced Rabbis and mentors. The goal of Jewish Club is to inspire individuals to learn more about the Jewish religion and practices. Come to Jewish Club to win prizes, play games, and learn about Judaism!





Speaking and Political Clubs



Debate Club

Instagram: [ntci.debate](https://www.instagram.com/ntci.debate)

North Toronto's Debate Club is all about improving our speaking, presenting, and thinking skills. We meet weekly to work towards competing in debate tournaments against other schools in Toronto. We meet more frequently when we're nearing the tournament dates. Tournaments take place 4 times a year, plus finals. Our club is a great place to work as a team and become a better debater!



Business Clubs



DECA Club Instagram: ntcideca20202021

DECA is a business club that allows students to compete in case-competitions against students from across Ontario. You can learn about topics such as finance, marketing, business management, and hospitality and tourism through written events and oral presentations. After you compete regionally, you have a chance to compete in DECA provincials, and internationally at ICDC. It is a fantastic way to explore careers in business, meet new people, and prepare for post-secondary business programs.



Investment Club

Instagram: [nt.investmentclub](https://www.instagram.com/nt.investmentclub)

At the North Toronto Investment Club, there is no experience required. We understand how it is challenging to understand the different aspects of investing at all high school ages. That is exactly what our club is based around. It is based on the fact that investing seems like something extremely scary. With that being said, we strive for group-oriented meetings for everyone to learn something new and, more importantly, meet new students at NT. Although a large part of the club is learning about investment ideas, we certainly take a great look into making the members create new friendships. One last aspect of the club we really enjoy is investment competitions. With these, our members can learn and talk about different opportunities to grow and learn. Join the Investment Club!



Dragons' Den Club

Instagram: [nt.dragonsdenclub](https://www.instagram.com/nt.dragonsdenclub)

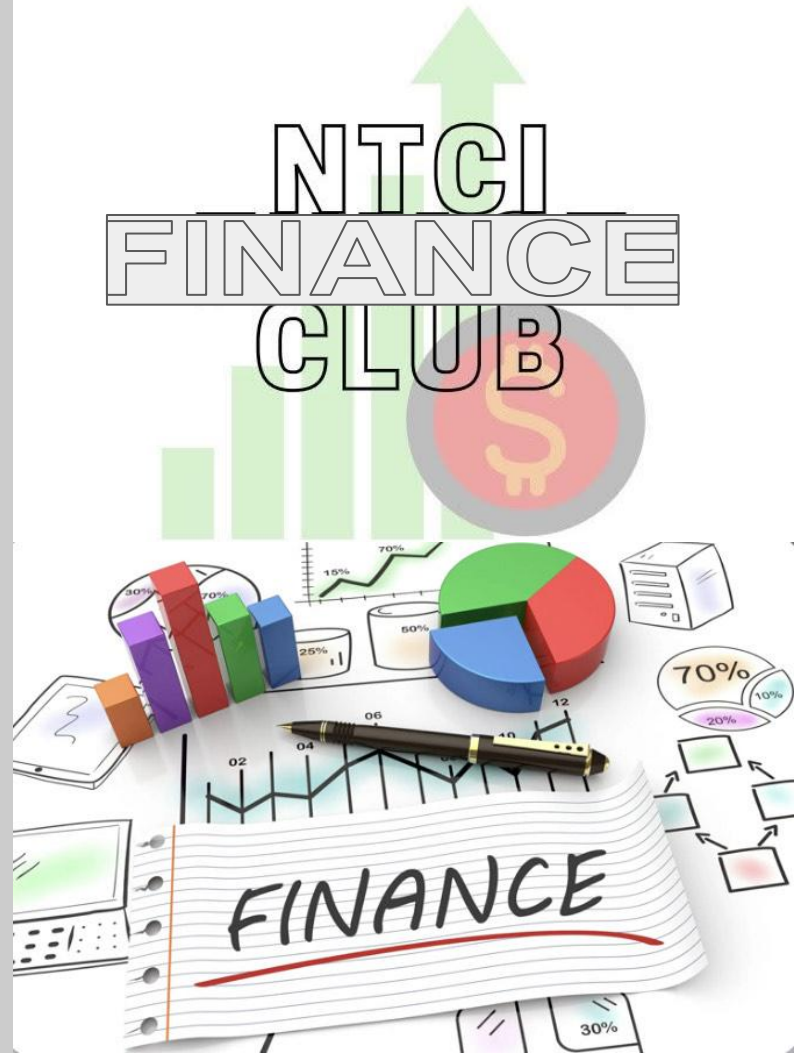
The Dragons Den Club is a place where students can share their entrepreneurial ideas just like on Dragons Den the show . Each member individually or in a small group comes up with a business or product idea. In each of our meetings, one person or group will present their idea to the rest of the club members. At the end of the year, every member votes for one group or individual to win a prize. Dragon's Den club is a great place to work on your speaking and presentation skills as well as be creative and innovative. We hope to see you next year!



Finance Club

Instagram: [ntcifinanceclub](#)

In Finance Club at NT, you can learn all about personal finances and investments! Finance Club will help you learn how to wisely spend, save and manage your money. You can also learn more about the economy and how you can build your wealth and save using investments. As teens, these are very important life skills as you get older you will need to learn to budget for various things in the near future, like university, and in the long term, like a house/condo. This club will help teach you skills to learn how to manage all these financial aspects of your life!



Company Club

The “Company Club” is a club where during every meeting we select a new company which would be the topic of our conversation. We choose companies relevant in our current world and will discuss and analyze everything about the company. Join “Company Club”!





Art and Music Clubs



Music Council (Grade 10-12) Instagram: [ntcimusiccouncil](#)

Music Council is a team dedicated to creating and planning events for the music students and music community at North Toronto. Positions on the council are decided upon elections at the end of the year and voted by music students. The events we plan are music retreat, music carnival, NT's got talent, soda pop shop, and the end of year music banquet as well as launching new events each year.



Art Council

Instagram: [ntci_art_council](#)

Art Council's mission is to promote visual arts and showcase the artwork of students here at North Toronto! We strive to inspire creativity throughout the school and raise the visibility and interest of visual art at NT. Committee activities range from creating seasonal installations with the Spirit Committee, designing environmentally conscious art with NEAT, constructing yearly art installations with Semaine Blanche and even curating our own art gallery; there are all sorts of ways for you to get involved! As an Art Council member, you will have the opportunity to help us organize school wide art related events, create art installations, and spread creativity to the student body. You can do this all while earning community service hours for your efforts and meeting new people. We hope you will consider joining the Art Council as a way to share your ideas with the school community!



Choir

Instagram: [ntci.choir](https://www.instagram.com/ntci.choir)

Welcome to NT's Choral Ensemble! NT's choir is led by NT's own vocal teacher, Ms Dalamba, and has traditionally had over 100 student members for the last several years. These students come from the vocal stream, other music streams, and non-music students. If you love music, or just want a new experience, you are welcome! In past years, we have performed at numerous assemblies, Fall Fare, Maytime Melodies, the Ontario Vocal Festival, and the Sounds of Toronto concert at Roy Thomson Hall.

In previous years, we have done music from Dear Evan Hansen, Hamilton, The Lion King, The Nightmare Before Christmas and Fame. We have performed songs like Radioactive and learned other songs in many different foreign languages!



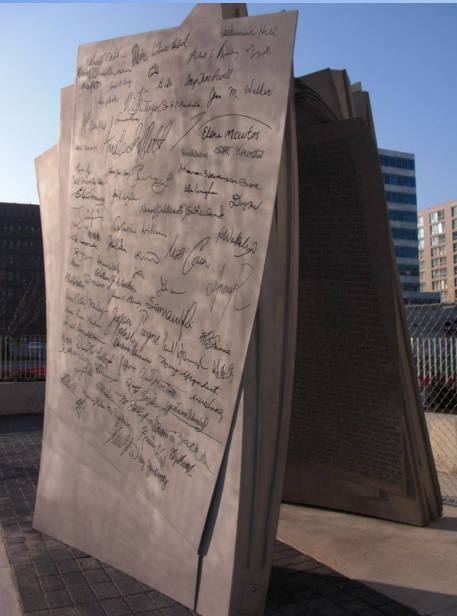
Film Club

Instagram: [ntci_filmclub](https://www.instagram.com/ntci_filmclub)

Hi everyone, we're Film Club! We are a group of people who love watching movies and want to meet other people who are also into movies. We decide on a movie to watch each week and come back together to meet on Fridays after school and talk about our thoughts. We also learn cool behind the scenes facts and processes on the making of films and learn more about what makes great films great! We love having new members come to talk about their takes on the movies we watch and we hope to see you all next year!



Language Clubs



Spanish Club

Instagram: [ntcispanishclub](https://www.instagram.com/ntcispanishclub)

Spanish Club is an inclusive community that welcomes everyone (Spanish and non-Spanish speakers!). We do activities that involve learning about Spanish culture and language in a fun and easy way. This includes games, movies, and quick recipes from various Spanish speaking countries! At Spanish Club, you can expand your knowledge of Spanish while socializing with others and making new friends :)



Club de Français

Instagram: ntspeaksfrench

French Club is a great way to practice your french while having fun! We run different activities every time we get together.

Whether it be listening to music, watching movies, playing kahoots, cooking crepes, or hosting guest speakers, we have a bit of everything that everyone can enjoy! No french is needed to participate, so join if you are willing to have a fun time! À bientôt!



ESL/International Club

Instagram: [ntci_esl_club](#)

The ESL club aims to shorten the tough high school transition especially for students whose first language isn't English. We wish to make our club an enjoyable place by organizing fun group activities, so everyone in our club will eventually be comfortable expressing their thoughts in English and expanding their social circle. We plan many communication-based games that help students to meet new people and practice English at the same time. We also share information regarding our school community and virtual volunteer opportunities for our club members.





Community Building Clubs



PALs (Grade 10-12) Instagram: ntcipals

We are the Peer Assistance Leadership (PALs) program and we are a group of welcoming and enthusiastic students ranging from grade 10-12. Our main job is to welcome our new grade nines (as well as any new students) to North Toronto. PALs are paired with incoming NT students to ensure their transition to high school runs as smoothly as possible. We also help organize school events such as Grade 9 Welcome Day, facilitate curriculum night and act as ambassadors at many events throughout the year.



Graffiti

Instagram: ntcigraffiti

The Graffiti editorial board is responsible for publishing four or five issues of our NT's student newspaper packed with dozens of amazing articles. With contributions from hundreds of NT student writers, photographers, and illustrators we produce this nationally recognized and award winning student-run publication that everyone is more than welcome to help out with. We encourage everyone to contribute, and there's definitely some niche for you within the paper, whether it be sports, movie reviews, politics, business, humour, international stories or literally anything else.



Student Council (Grade 10-12)

Instagram: [ntcistudentcouncil](#)

Hi Grade 8's! Student Council is a student run administration in which functions to run, organize, and promote student activities around the school. Along with running events, the student council is also a legislative body in which represents the students and tables student issues with the administration and parent council. This is a great council to be a part of to gain leadership experience. The current positions on the Student Council are as follows; The President, The Senior Vice President, The Junior Vice President, The Secretary, The Social Convener, The Treasurer, NTAA Co – Presidents (two reps), Music Council President, Environmental Minister, and the Art council President. For in coming grade nine's, you can run for The Junior Vice President position at the end of your grade nine year.



Hot Air

Instagram: ntcihotair

Good morning North Toronto today is...”your special day to join Hot Air!” For decades, Hot Air has been NT’s morning announcements team, which holds regular meetings. So what does a Hot Air member do, you might ask? It’s easy. You would need to arrive on your designated day to say the Land Acknowledgement, play the anthem, say any announcements, and come up with a creative outro! Hot Air needs keen students who are punctual, interested in tech & media communications, open to collaborative learning, and interested in further developing their speaking skills!



NTAA (Grade 10-12) Instagram:nt_norsemen

The North Toronto Athletics Association (NTAA) is the organization that takes care of sports at NT and is in charge of multiple events such as Red&Grey Day (our HUGE spirit day), Terry Fox run, Pancake breakfast and Athletic Banquet. When you join the NTAA, you join a family of 50+ people from all grades who love sports just as much as you do and with whom you'll become friends with in no time. As a member, you will have to attend weekly-ish meetings during which you'll be given tasks depending on your branch (Sports teams, Events, Intramurals, Clothing, Photography, and Social Media). After your first year in NTAA, you can even apply to be a head and take on a bigger role at NT. **Athlete** or **non-athlete**, the NTAA is always looking for more members so don't be shy and apply!!



Well-Being and Social Action Clubs



Wellness Club

Instagram: [wellnesntci](#)

Welcome to NT Wellness! NT Wellness is a committee that works on improving the well-being, and stress levels within our school community as well as reducing the stigma surrounding mental health. Last year in particular we were focusing on reducing the stigma around males and mental health.

NT Wellness runs a variety of initiatives throughout the school year. Some examples from previous years were the Stressbusters event, which was comprised of different activities used to destress, therapy dogs, NT Wellness week, cookie grams, [jack.org](#) talks, yoga and mindfulness workshops as well as monthly general meetings.

General meetings normally have a theme with the goal of improving wellbeing or educating the school population about a particular subject relating to wellness. Sometimes it will be a chill room filled with fun, relaxing activities during your lunch hour or our most popular general meeting, the holiday event with cookie and gingerbread house decorating!

NT Wellness also spreads positive messages throughout the school year with some online initiatives through Instagram.



Gender/Sexuality Alliance (G/SA)

Instagram: [ntci.gsa](#)

We're the G/SA, North Toronto's Gender/Sexuality Alliance! Our club provides an open and positive space for LGBTQ+ students and allies. In our meetings, you can expect to participate in fun activities, initiative planning and community building all while making new friends and meeting new people. We can't wait to see you next year!



Gender Equality Club

Instagram: [nt.genderequalityclub](https://www.instagram.com/nt.genderequalityclub)

Gender Equality club welcomes students at North Toronto who are interested in learning more about gender equality. The Gender Equality Club's mission is to educate, raise awareness and fundraise for gender equality and gender rights, and unite those who are passionate about gender equality. The club consists of discussions surrounding various topics such as, objectification, gender inequality in our own community, etc. These discussions allow students to further their knowledge and to understand where inequality is present in our society and how equality can be achieved. The club also looks to spread awareness and create equality within the school. Finally, the Gender Equality club works on fundraising within the community to support organizations who strive for gender equality. We look forward to seeing you at North Toronto's Gender Equality club!



NT Stands Up

Instagram: ntstandup

NTStandsUp is a club dedicated to educating North Toronto students on issues of social justice. This club is open to all, but members will be expected to help with producing the best content and communications with the school as possible. As a member of the club, you would be expected to attend discussion meetings and assist with writing posts, editing, graphic design and sourcing information. NTStandsUp is looking for members who are passionate about social justice, care about educating themselves and their peers, and want to make a difference in their community while at NT.



Sports and Tech Clubs



E-Sports Club

Hello everyone! Do you like video games? Would you like to relieve stress and have fun with friends? Do you want to show your competitive spirit and win tournaments? If you want to do any of these things then eSports Club is for you. Here at eSports Club, we do different tournaments while also doing a variety of games. One game in particular that we play is Super Smash Bros Ultimate. You can choose to join the tournaments or just hangout and meet new people. Just remember the games are limited due to the school not approving of them. Hope to see you gaming soon!



